

**Chronisches Erschöpfungs – Syndrom, myalgische Encephalomyelitis, chronic fatigue syndrome (CFS), myalgic encephalomyelitis, Systemic exertion intolerance disease (SEID) and fibromyalgia, Fibromyalgie**

**Downsett EG REDEFINITIONS OF ME/CFS – A 20TH CENTURY PHENOMENON by Dr. E.G. Dowsett** <http://www.name-us.org/defintionspages/DefinitionsArticles/DefinitionsBy%20Dowsett.pdf>  
<http://www.name-us.org/defintionspages/deframsay.htm#Top%20of%20Ramsay%20page>

**Synonyma:** CFS – Chronic fatigue syndrome, SEID - Systemic exertion intolerance disease, Myalgische Enzephalomyelitis, Myalgische Enzephalopathie ME, Benign Myalgic Encephalomyelitis M, Low Natural Killer Cell Syndrome LNKS, Chronic Fatigue Immune Dysfunction Syndrome CFIDS; Febricula (leichtes Fieber), DaCosta-Syndrom, Effort-Syndrom, Soldiers heart Neurasthenie, Island-Krankheit, Immundysfunktionssyndrom  
[.http://www.fatigatio.de](http://www.fatigatio.de)  
<http://www.news-medical.net/health/Chronic-Fatigue-Syndrome-Epidemiology.aspx>  
[http://www.praxis-berghoff.de/dokumente/Chronic\\_Fatigue\\_Syndrome.pdf](http://www.praxis-berghoff.de/dokumente/Chronic_Fatigue_Syndrome.pdf)

**Auch bei Krebs, Multiple Sklerose, Depression durch umweltmedizinische Erkrankungen, Burn-out-Syndrom, COMT Polymorphismen** und bei vorübergehenden Erschöpfungszuständen als **Unwohlsein und Ermüdung**.

**As well in cancer, multiple sclerosis, depression through environmental health disorders, burn-out syndrome, COMT polymorphisms** and temporary exhaustion as **malaise and fatigue**.

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Esfandyarpour R, Kashi A, Nemat-Gorgani M et al. (2019) **A nanoelectronics-blood-based diagnostic biomarker for myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS)**. PNAS May 21, 2019 116 (21) 10250-10257; first published April 29, 2019  
<https://doi.org/10.1073/pnas.1901274116>

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**„The discovery of a form of low-grade systemic and chronic inflammation (“metaflammation”), linked to inducers (broadly termed “anthropogens”) associated with modern man-made environments and lifestyles, suggests an underlying basis for chronic disease that could provide a 21st-century equivalent of the germ theory.**

**Die Entdeckung einer Form von niedrig gradiger systemischer und chronischer Entzündung (“Metaflammation”), die mit Induktoren (allgemein als “Anthropogene” bezeichnet) im Zusammenhang mit modernen vom Menschen geschaffenen Umgebungen und Lebensstilen in Verbindung gebracht wird, legt eine zugrunde liegende Basis für chronische Krankheiten nahe, als ein Äquivalent zur Keimtheorie des 21. Jahrhunderts“.**

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